

Café & Juice Bar Menu

SMOOTHIES

Berry Blast - Blueberries, strawberries, yoghurt, pumpkin seeds, dates, almond milk	£5.50
Omega rich - Blueberries, banana, coconut milk, pumpkin seeds, flaxseeds	£5.50
Digest Aid - Banana, almond milk, cinnamon, ginger, turmeric	£5.50
Fuel Up - Blueberries, almond milk, spinach, oats, date syrup	£5.50
Reboot - Banana, raw cocoa, avocado, coconut milk, protein powder	£5.50

JUICES

Cleansing Greens - Kale, ginger, cucumber, apple, lemon	£4.50
Glorious Red - Beetroot, orange, carrot	£4.50
Immunity Fusion - Broccoli, kale, apple, pumpkin seed	
Calming Elixir - Pineapple, apple, cucumber, celery, ginger and turmeric	£4.50
Skin Nourishing - Celery, apple, carrot, cucumber and mint	£4.50
Simple Juices - Carrot or apple or cucumber or orange or beetroot or celery	£3.50

Add ons: Vegan protein powder (20g) **£1**, Raw Cocoa **50p**, Wheat grass powder **£1**, Seeds **50p**

HOT DRINKS

Filter coffee black	£2.50
Coffee white (almond or coconut milk)	£3.00
Turmeric Latte	£3.50
Cacao, Maca Latte	£4.50
Matcha Latte	£3.50
Ginger Joy Latte	£3.50

TEAS

Herbal, Earl Grey, English Breakfast	£2.50
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FOOD

Nourishing Soup of the Day	£7.50
Served with bread (GF option available), garnished with omega seeds or nuts & fresh herbs	

Salad of the Day	£8.50
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SNACKS

Hard bread with dip	£4.50
Protein balls	£3.00
Cake of the day	£3.50

Please notify staff of any food intolerances or allergies

